

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

October



ALL MEALS SERVED WITH CHOICE OF MILK AND A VARIETY OF FRUITS AND VEGETABLES

	1	2 Cereal & Muffin	3 Bagel & Fruit	4
	Chili Cinnamon Roll Ice Cream Cup	<u>Celebrate Washington Farmers</u> Chicken Nuggets Sweet Potato Tots WG Roll <i>Apple Crunch Day!</i>	Pancakes w/Syrup Sausage Patty	<i>No School</i> <i>ELC Open</i> 
7 Cereal & Toast	8 Breakfast Bread & Yogurt	9 Pancakes & Fruit	10 Cereal & Toast	11
Deli Turkey Sandwich Potato Emoji's <i>6-8th Entrée Choice</i>	Nachos Refried Beans	Spaghetti & Meat Sauce Caesar Salad	Pizza Green Beans 	<i>No School</i> <i>ELC Open</i>
14 Cereal & Toast	15 Pancakes & Syrup	16 Yogurt & Muffin	17 Bagel & Fruit	18 Cereal & Toast
Chicken Drumsticks Potatoes/Gravy Cornbread <i>6-8th Entrée Choice</i>	Bean & Cheese Burrito Fruit Juice Cup	Chicken Strips Waffles Green Peas	Beef Tacos Black Bean Salsa Pudding	Pretzel & Cheese Sauce Green Beans <i>6-8th Entrée Choice</i>
21 Cereal & Toast	22 French Toast & Sausage	23 Cereal & Toast	24 Pancakes & Syrup	25 Cereal & Toast
Fish Sandwich French Fries <i>6-8th Entrée Choice</i>	Corn Dog Baked Beans Rice Krispy Treat	Taco Salad Fruit Churro	Max Cheese Stick w/Marinara Potato Smile	Teriyaki Chicken Wild Rice Broccoli Bites <i>6-8th Entrée Choice</i>
28 Cereal & Toast	29 Pancakes & Syrup	30 Yogurt & Muffin	31 Bagel & Fruit	1 Cereal & Toast
Chickenwich Tater Tots <i>6-8th Entrée Choice</i>	Taco Soup Max Cheese Stick	Cheese Ravioli Garlic Bread	Turkey Gravy Mashed Potatoes Dinner Roll 	Pizza Green Beans Jell-O <i>6-8th Entrée Choice</i>