

Cross Country - Grades 1*, 2*, & 3 - 8

Program Coordinator: Tom Fuchs

Contact Number: 509-220-4205

Cost: \$40.00

First Meeting/Workout: Wednesday, September 4, from 3:15 - 4:15/4:30 at St. Al's School in Mrs. Devita's Room. We will have a parent/student athlete meeting and then a student/athlete workout on St. Al's field. Please have your student athlete complete their physicals and all online paperwork (concussion, off-campus running, etc) before the start of the school year. Practices during season will be after school starting at 3:15 PM on Monday, Wednesday, and sometimes Friday.

*Grades 1 and 2 student athlete's parents are required to assist the program.